

## INTERDEM MEMBERS – BRIEF CURRICULUM VITAE

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**NAME:** Elizabeth L Sampson

**TITLE:** Dr

**PROFESSIONAL GROUPING:** Old age psychiatrist

**WORK ADDRESS:**

Marie Curie Palliative Care Research Department  
Division of Psychiatry  
University College London

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**PRESENT POSITION:** Deputy director of the Marie Curie Palliative Care Research Department and lead consultant in liaison psychiatry (older People), North Middlesex University Hospital

**HIGHEST ACADEMIC QUALIFICATION:** MD

**PROFILE OF MEMBER:**

I am a clinical Reader, Division of Psychiatry (UCL), my post is supported by the Marie Curie Palliative Care Research Department.

I studied medicine at the University of Birmingham and gained my MD from the Institute of Neurology at UCL. I was awarded a Medical Research Council Special Training Fellowship in Health Services Research.

I also work as a consultant in Liaison Psychiatry (lead for older people) at North Middlesex University Hospital with Barnet Enfield and Haringey Mental Health Trust.

My research focusses on improving care for frail older people, particularly those with dementia who may be reaching the end of their lives. This includes epidemiology and health services research to identify barriers to access to good quality palliative and end of life care for older people, complex interventions to improve care in a range of settings (particularly hospitals and care homes) and a series of landmark studies on dementia and delirium in older people admitted to the acute hospital.

I work closely with colleagues in UCL Primary Care and Population Health (Emeritus Professor Steve Iliffe and Dr Nathan Davies), the wider Division of Psychiatry and PRIMENT clinical trials unit (<http://www.priment.mrc.ac.uk/>) and with European colleagues through the Pain in Impaired Cognition COST "European Cooperation in the Field of Scientific and Technical Research" network (<http://www.cost-td1005.net>)

I lead the dementia module on the MScs in Mental Health Sciences Research and the MSc in Clinical Mental Health Sciences. She supervises MSc and PhD students. I am a member of the Cochrane Dementia and Cognitive Improvement Group (CDCIG) editorial board, the BAP dementia Guideline group and the Lancet Commission on dementia. I am the deputy head of the Marie Curie Palliative Care Research Department

Other appointments include:

|           |   |
|-----------|---|
| 2016-date | Lancet commission on dementia (lead author for palliative care- will be published in The Lancet January 2017) |
| 2015-date | British Association for Psychopharmacology Dementia Consensus Guideline Group                                 |
| 2013-date | National Care of the Dying Audit Steering Group   |
| 2010-date | National Council for Palliative Care Dementia Working Group   |
| 2008-date | Alzheimer's Society, Specialist Review Panel for Publications   |
| 2014-2016 | Care Quality Commission Inequality in Provision of Palliative Care Thematic Review                            |

In 2014 I was awarded the William Farr Medal by the Worshipful Society of Apothecaries; given to medical practitioners who have made a particularly significant contribution in a clinical research discipline on the management of elderly people as part of original work in the UK.

**AREAS OF EXPERTISE:**

My research has focussed on palliative and end of life care of frail older people with dementia in a variety of settings including care homes and acute hospitals, with a particular interest symptoms; pain, delirium, behavioural and psychiatric symptoms of dementia and interventions to optimise the management of these in the advanced stages of the illness and towards the end of life.

#### KEY PUBLICATIONS (Maximum 5):

1. **Sampson EL**, Vickerstaff V, Lietz S, Orrell M. Improving the care of people with dementia in general hospitals: evaluation of a whole-system train-the-trainer model. *Int Psychogeriatr*. 2016 Dec 21;1-10. doi:10.1017/S1041610216002222. [Epub ahead of print] PubMed PMID: 27998325.
2. Jones L, Candy B, Davis S, Elliott M, Gola A, Harrington J, Kupeli N, Lord K, Moore K, Scott S, Vickerstaff V, Omar RZ, King M, Leavey G, Nazareth I, **Sampson EL**. Development of a model for integrated care at the end of life in advanced dementia: A whole systems UK-wide approach. *Palliat Med*. 2016 Mar;30(3):279-95.
3. **Sampson EL**, van der Steen JT, Pautex S, Svartzman P, Sacchi V, Van den Block L, Van Den Noortgate N. European palliative care guidelines: how well do they meet the needs of people with impaired cognition? *BMJ Support Palliat Care*. 2015 Sep;5(3):301-5.
4. **Sampson EL**, White N, Lord K, Leurent B, Vickerstaff V, Scott S, Jones L. Pain, agitation, and behavioural problems in people with dementia admitted to general hospital wards: a longitudinal cohort study. *Pain*. 2015 Apr;156(4):675-83.
5. **Sampson EL**, White N, Leurent B, Scott S, Lord K, Round J, Jones L. Behavioural and psychiatric symptoms in people with dementia admitted to the acute hospital: prospective cohort study. *Br J Psychiatry*. 2014 Sep;205(3):189-96.

#### RELEVANT RESEARCH ACTIVITY:

Please indicate for past 5 years only (i) Grants Awarded: Names of Investigators; Years; Title of Project; name of awarding agency (ii) PhD and other projects: Title, start or completed date.

#### GRANTS AWARDED

- |           |  |
|-----------|--|
| 2009-2012 | Co-investigator with Gill Livingston. National Institute for Health Research HTA Programme. START (STrAtegies for RelaTives) study: a pragmatic randomised controlled trial to determine the effectiveness of a manual based coping strategy programme in promoting the mental health of carers of people with dementia. <b>£1,059,266</b> (3 years) |
| 2010-2013 | <b>Principle Investigator</b> . BUPA Foundation/Alzheimer's Society. The Impact of acute Hospitalisation on People with Dementia: The Behaviour and Pain (BepAid) Study. <b>£112,206</b> (2 years)   |
| 2011-2015 | <b>Principle Investigator</b> (UK), Chief Investigator Stefan Lautenbacher, University of Bamberg. European Cooperation in the Field of Scientific and Technical Research (COST) Pain and Impaired Cognition. <b>€600,000</b> (4 years)  |
| 2011-2012 | Co-investigator with Murna Downs, University of Bradford. NIHR Programme Development Grant. Developing an evidence-based intervention to improve health care for, and prevent avoidable hospital admission of, older care home residents with frailty or dementia. <b>£94,347</b> (1 year)   |
| 2011-2013 | Co-investigator with Bridget Candy (PI) Dimpleby Foundation. How volunteers may improve end-of-life care: an evidence synthesis of qualitative and quantitative research and survey of current practice. <b>£52,164</b> (2 years)  |
| 2011-2014 | Co-investigator with Louise Jones (PI) Marie Curie Cancer Care. The Marie Curie Dementia Research Programme: developing an intervention to improve end of life care in dementia. <b>£1,213,705</b> (3 years)   |

- 2012-2015 Co-investigator with Jose Closs (PI), University of Leeds. NIHR Health Services Research Programme. The detection and management of pain in patients with dementia in acute care settings: development of a decision tool. **£893,595** (3 years)
- 2012-2013 **Principle Investigator**. Dimpleby Foundation. A retrospective national cohort study of the demographic characteristics, health outcomes and health service use of cohabitants living with terminally ill patients with cancer, chronic obstructive airways disease and dementia. **£59,305** (1 year)
- 2013-2014 **Principle Investigator**. North East London Foundation Trust (M Orrell). Improving the Care of People with Dementia in General Hospitals. **£42,274** (1 year)

#### PHD STUDENTS

**Xanthippe Tzimoula**: Social support and psychological health of family carers of people with dementia (2010-February 2013)<sup>†</sup>

**Karen Harrison Dening**: Advance care planning in dementia: understanding the preferences of people with dementia and their carers (part-time 2008-2014)<sup>†</sup>

**Henry Lewellyn**: "Choice" for people with primary brain tumours: How it is constructed, interpreted, and enacted in the practices of healthcare (2014-date)<sup>†</sup>

**Francesca LaFrenais**: A prospective study of analgesic use in patients with dementia in care homes (2014-date)\*

\*primary supervisor, <sup>†</sup>second supervisor

#### CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:

- 2012-2017 Co-investigator with Louise Robinson (PI), Newcastle University. NIHR Programme Grant. The SEED Programme: Supporting Excellence in End of life Care in Dementia. **£1,927,020** (5 years)
- 2014-2018 Co-investigator with Gill Livingston. ESRC/NIHR. The MARQUE project: Managing Agitation and Raising QUality of Life. A project to improve quality of life in people with moderate or severe dementia. **£3,775,662** (5 Years).
- 2014-2016 Co-investigator with Dr Nathan Davies (PI), UCL. Alzheimer's Society & Marie Curie Care. After the Liverpool Care Pathway-what next for people with dementia? **£132,428** (2 years)
- 2015-2019 Co-investigator with Murna Downs (PI), University of Bradford. NIHR Programme Grant. Testing an evidence-based intervention to improve health care for, and prevent avoidable hospital admission of, older care home residents with frailty or dementia. **£1,001,354** (4 years)
- 2016-2021 Co-investigator with Paddy Stone. Core Funding for the Marie Curie Palliative Care Research Department at UCL. **£1,884,232** (5 years)
- 2017-2020 **Supervisor**. Alzheimer's Society Senior Fellowship for Dr Kirsten Moore. Preparing for the end of life in dementia: what is the impact of carer grief before death and what resources may help carers cope better? **£373,852**