



INTERDEM MEMBERS – BRIEF CURRICULUM VITAE

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Please can you also add a picture of yourself



NAME: Michelle Kelly

TITLE: Dr (BA Hons Psych; D.Psych.BAT; BCBA-D)

PROFESIONAL GROUPING: Psychology

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PRESENT POSITION (e.g. Director of): Lecturer in Cognitive and Behavioral Psychology

HIGHEST ACADEMIC QUALIFICATION (e.g. PhD, MD etc.): Doctorate in Psychological Science: Behavior Analysis and Therapy

PROFILE OF MEMBER:

AREAS OF EXPERTISE: Early psychosocial interventions for people with dementia; cognitive rehabilitation; cognitive stimulation therapy; cognitive function; lifestyle interventions to prevent/delay cognitive decline.

KEY PUBLICATIONS (Max. 5):

Kelly, M., Duff, H., Kelly, S., Power, J., Brennan, S., Lawlor, B., Loughrey, D. G. (2017). The impact of social activities, social networks, social support and social relationships on the cognitive functioning of healthy older adults: a systematic review. *BMC Systematic Reviews*, 6: 259, 1-18.

Loughrey, D.G., **Kelly, M.**, Kelley, G.A, Brennan, S. & Lawlor, B.A. (2017). The association of age-related hearing loss with cognition function, cognitive impairment and dementia: A systematic review with meta-analysis. *JAMA Otolaryngology-Head and Neck Surgery*. doi: 10.1001/jamaoto.2017.2513. (Impact Factor: 2.95).

Loughrey, D.G., Lavecchia, S., Brennan, S., Lawlor, B., **Kelly, M.** (2017). The impact of the Mediterranean diet on cognitive functioning of healthy older adults: A systematic review and meta-analysis. *Advances in Nutrition*, 8, 571 - 586. (Impact Factor: 5.23)

Kelly, M., Lawlor, B., Coen, R., Robertson, I. & Brennan, S. (2017). Cognitive rehabilitation for early stage Alzheimer's disease. A pilot study with an Irish population. *Irish Journal of Psychological Medicine*, 1-17. DOI: <http://dx.doi.org/10.1017/ipm.2017.23>. (Impact Factor: 0.13).

Kelly, M., Finan, S., et al., (2016). An evaluation of community based cognitive stimulation therapy: a pilot study with an Irish population of people with dementia. *Irish Journal of Psychological Medicine*, 1-11. DOI: <http://dx.doi.org/10.1017/ipm.2016.23>

RELEVANT RESEARCH ACTIVITY:

Recent Grant Application:

June 2017 **Irish Research Council:** Laureate Awards. **Project:** Examining the relationship between relational flexibility on the cognitive and everyday functioning of older adults.
Outcome: Score B (fundable but not progressing).

Grants Awarded:

Jan 2015 **The Ireland Funds.** Awarded €5000 to develop and disseminate a Cognitive Rehabilitation Manual for Healthcare Professionals. Project leader. Co-applicant with the Alzheimer Society of Ireland and the Neuro-Enhancement for Independent Lives (NEIL) Programme.

Jan 2014 **Pobal Scheme to Support National Organisations in the Community and Voluntary Sector.** Awarded to deliver Cognitive Stimulation Therapy to people with dementia. Project leader. Co-applicant with the Alzheimer Society of Ireland.

Sep 2012 **The Coca Cola ‘Thank You Fund’.** Awarded €10,000 to deliver evidence-based interventions to people with early stage dementia. Project leader. Co-applicant with the ASI and the NEIL Programme.

PhD and other projects:

My Doctoral Research:

- National University of Ireland, Maynooth: Doctorate in Psychological Science (Behaviour Analysis and Therapy). **Thesis Title:** “Using the Implicit Relational Assessment Procedure (IRAP) to Assess Treatment Acceptability”. **Supervisor:** Prof Dermot Barnes-Holmes. **Completed:** August 2011.

My Post-doctoral Research:

- Trinity College Dublin. **Project Role:** Early Intervention Research Coordinator. **Project Aims:** (i) Develop early interventions for people with demetia; and (ii) conduct systematic literature reviews examining the impact of lifestyle factors on the cognitive functioning of healthy older adults. **Completed:** June 2014.

PhD Supervision:

- Co-supervising a PhD research student with Dr Joanna McHugh, National College of Ireland. **Project Title:** Examining the impact of subjective age and lifestyle factors on the cognitive health of older adults. **Ongoing.**

Doctoral Supervision:

- Co-supervised 11 students on the doctorate in Applied Behaviour Analysis at Maynooth University. **Completed:** March 2017 (Viva, May 2017).

Masters Supervision:

- 1 year research Masters project in Maynooth University. **Project Title:** Using the Implicit Relational Assessment Procedure to examine stigma towards people with dementia. **Completed:** September 2016.
- 2 year Masters in Applied Behavior Analysis in Trinity College Dublin. **Project Title:** Relational flexibility and cognitive fuction: developing innovative cognitive interventions for people with dementia. **Ongoing.**
- 2 year Masters in Applied Behavior Analysis in Trinity College Dublin. **Project Title:** Using behavioral skills training to improve activity engagement of residents with dementia in an independent living facitliy. **Ongoing.**

CURRENT RESEARCH INTERESTS:

Lifestyle interventions to promote healthy cognitive ageing; early interventions for Mild Cognitive Impairment (MCI) and dementia; behavioural gerontology, Applied Behaviour Analysis (ABA) and behaviour therapy; Relational Frame Theory (RFT) and derived relational responding.

HOW DO YOU INTEND TO CONTRIBUTE TO INTERDEM:

I would love to have the opportunity to be a part of, and contribute to INTERDEM Research Projects, attend meetings where possible, and assist with the development and organization of workshops and/or academic meetings. INTERDEMs mission aligns very closely with my own research interests and priorities so I envisage a highly positive and mutually beneficial partnership between INTERDEM and I.