

## INTERDEM MEMBERS – BRIEF CURRICULUM VITAE



**NAME:** AMANDA GRIFFITHS

**TITLE:** PROFESSOR of OCCUPATIONAL HEALTH PSYCHOLOGY

**PROFESSIONAL GROUPING:**

Registered EuroPsychologist.

UK Health & Care Professions Council registered health psychologist and occupational psychologist.

**WORK ADDRESS:**

Division of Psychiatry & Applied Psychology  
Institute of Mental Health  
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**PRESENT POSITION:**

Professor of Occupational Health Psychology, Chair of Divisional Research Ethics Committee.

**HIGHEST ACADEMIC QUALIFICATION:** PhD

**PROFILE OF MEMBER:**

I am a registered EuroPsychologist and a UK *Health & Care Professions Council* registered health psychologist and registered occupational psychologist. I am a Fellow of the UK's Academy of Social Sciences.

My early research and PhD, as a former developmental psychologist, focused on cognitive development and communication skills. Following further qualification and a career change, I specialised in work-related mental health and wellbeing and, more recently, in the mental health and wellbeing of older age populations, and particularly women. Since 2013, when I joined the Division of Psychiatry & Applied Psychology in the

**AREAS OF EXPERTISE:**

Working age dementia; communication between healthcare staff and people with dementia; healthcare workforce development and wellbeing.

**KEY PUBLICATIONS:**

Griffiths, A., Knight, A., Harwood, R. & Gladman, J. (2014). Preparation to care for confused older patients in general hospitals: A study of UK health professionals. *Age & Ageing*, 43(4), 521-527.

Stanyon, M., Griffiths, A., Thomas, S. & Gordon, A. (2015). The facilitators of communication with people with dementia in a care context: An interview study with healthcare workers. *Age and Ageing* (in press).

Samra, R., Griffiths, A., Cox, T., Knight, A. (2013). Changes in medical student and doctor attitude towards older adults after an intervention: A systematic review. *Journal of the American Geriatrics Society*. 61(7), 1188-1196.

Samra, R., Griffiths, A., Cox, T., Conroy, S. Gordon, A. & Gladman, J. (2015). Medical students' and doctor attitudes' towards older patients and their care in hospital settings: A conceptualisation. *Age & Ageing*, 44(5), 776-783.

Gladman, J., Porock, D. Griffiths, A., Clissett, P., Harwood, R. H., Knight, A., & Jurgens, F. (2012). Better mental health: Care for older people with cognitive impairment in general hospitals. NIHR Health Services and Delivery Programme (HS&DR Project - 08/1809/227).

**RELEVANT RESEARCH ACTIVITY:**

*Dementia and employment*. PI, with Tom Denning, Louise Thomson (University of Nottingham), Richard Heron (BP International). Public Health England, £50,000.

*The Arts in dementia (TAnDem)*. CI, with Justine Schneider (PI), Tom Denning, Victoria Tischler (University of Nottingham), Dawn Brooker, Eleanor Bradley, Simon Evans, Karan Jutla, (University of Worcester). Nottingham-Worcester Doctoral Training Centre. Alzheimer's Society Doctoral Training Centre competition. £350,000.

*The role and competencies of registered nurses working in care homes: A Delphi study*. CI, with Miriam Stanyon (PI), Adam Gordon, Sarah Goldberg (University of Nottingham), Anita Astle (Wren Hall Nursing Home, Nottingham). Optimum (Nottinghamshire County Council, Workforce Planning and Organisational Development ). £10,000.

*Better mental health for older people in general hospitals*. CI, with John Gladman (PI), Davina Porock, Paul Clissett, Rowan Harwood, Fiona Jurgens (University of Nottingham). National Institute for Health Research, Service Delivery Organisation. £450,000.

PhDs: I am a stakeholder in the UK Alzheimer's Society Doctoral Training Centre on *Dementia and the Arts (TAnDem)* at the University of Nottingham and University of Worcester. I co-supervise two PhD students on this programme on the role of Arts in the lives of people with dementia and the staff who care for them. I currently also supervise another student exploring sickness absence behaviour and presenteeism in nurses working in geriatric settings, and another on healthcare staff's characterisation and responses to distress in patients with dementia. Two of my recently graduated PhD students have focused their studies on the attitudes of medical doctors towards older patients, and on communications strategies used by care home staff with residents with advanced dementia.

**CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:**

**Given the trend throughout Europe towards working at older ages before retirement, my main current focus is an exploration of what employers need to know to provide a supportive environment for the likely increasing numbers of people who will still be working when diagnosed with dementia. Another study explores the development and training needs of residential care home staff working with people with dementia. A recent project focused on the experience of hospital-based staff caring for people with dementia on general hospital wards, notably highlighting staff's lack of preparation for the role, and implications for multi-professional teamwork.**

**My methodological expertise and publications include the design and evaluation of complex interventions, and employs both quantitative and qualitative approaches.**

**My work involves close collaborations with a broad range of professional groups (healthcare practitioners, employers, trade unions, diversity and equality specialists and the legal profession) as well as with employees and health service-users, and aims to ensure maximum impact, via delivery not only of traditional academic outputs, but also dissemination to practitioners via practitioner conference presentations and workshops, professional publications, and the development of user-friendly guidance.**

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