



## INTERDEM MEMBERS – BRIEF CURRICULUM VITAE



**NAME:** Lia Paula Nogueira Sousa Fernandes

**TITLE:** PhD, Associate Professor with Aggregation of Psychiatry and Mental Health – FMUP  
MD, Senior Graduate Assistant – CHSJ  
Competency on Geriatric – OM  
Family Therapist – SPTF

### PROFESSIONAL GROUPING:

- Member of Directive Council of Faculty of Medicine of University of Porto (2018-2022)
- Department of Clinical Neurosciences and Mental Health, Faculty of Medicine of University of Porto (FMUP)
- Psychiatry and Mental Health Clinic (in charge of Gerontopsychiatry Unit), São João Hospital Centre (CHSJ), Porto
- Principal Investigator of the GeriMHealth – Geriatrics & Mental Health group of Center for Health Technology and Services Research (CINTESIS) – University of Porto

**WORK ADDRESS:** Faculty of Medicine, University of Porto(FMUP). Al. Prof. Hernâni Monteiro. 4200-319 Porto Portugal

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### WEBLINK:

Authenticus (AuthID: R-000-QPS) <https://www.authenticus.pt/pt/profileOfResearchers/publicationsList/24281>

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<http://www.researcherid.com/rid/A-2202-2012> (**H-index: 11; citations: 227**) (**Scopus: H-index: 12; citations: 331**)

[https://www.researchgate.net/profile/Lia\\_Fernandes/](https://www.researchgate.net/profile/Lia_Fernandes/)

<https://www.linkedin.com/pub/lia-fernandes/10/636/1b>

[https://sigarra.up.pt/fmup/publs\\_pesquisa.querylist?p\\_codigo=331822](https://sigarra.up.pt/fmup/publs_pesquisa.querylist?p_codigo=331822)

### PRESENT POSITION:

- Member of Directive Council of Faculty of Medicine of University of Porto (2018-2022).
- Associate Professor with Aggregation of Psychiatry and Mental Health – FMUP
- Principal Investigator of the GeriMHealth – Geriatrics & Mental Health group of CINTESIS – FMUP
- In charge of Curricular Unit Psychiatry and Mental Health (Clinical Practice) of FMUP.
- Master in Psychiatry and Mental Health of FMUP in charge of Geriatric Psychiatry and of Psychiatric Pathology
- Doctoral Program in Gerontology and Geriatrics – UP/UA (in charge of Mental Health in Older People)
- Senior Graduate Assistant – CHSJ
  
- European Association of Geriatric Psychiatry/EAGP (Board since 2018)
- Past President of Portuguese Association Gerontopsychiatry/APG (2010-2013)
- International Psychogeriatric Association/IPA (Board of Directors 2011-2014/Expert Advisory Council, since 2014)
- Dementia Cerebral Aging Group Study/GEECD (Board of Directors 2008-2010)
- Portuguese Society Geriatrics Gerontology/SPGG (Scientific Board, since 2012)
- Portuguese Society Family Therapy/SPTF (National Board 1997-2000; 2000-2003)
- International Family Therapy Association/IFTA (Board of Directors 2009-2012; 2012-2015)
- Portuguese Society of Psychosomatic/SPP (Co-founder 1995)
- Association of Depressive and Bipolar Patients/ADEB - north division (Founder 1998, Clinical Director , since 2007)

**HIGHEST ACADEMIC QUALIFICATION (e.g. PhD, MD etc.):**

- Medical Doctor in the Faculty of Medicine of the University of Porto (1987)
- Master in Psychiatry and Mental Health in the Faculty of Medicine of University of Porto with the study: “Cognitive Deficit and Depression in the Elderly” (1995)
- PhD in Medicine in the Faculty of Medicine of University of Porto with the study: “Biopsychological Factors and Family Dynamics in Asthma” (2005)
- Aggregation in Neuroscience in the Faculty of Medicine of University of Porto with the lecture: “Geriatric Psychiatry: Delirium, Depression and Dementia – from Clinic to Research” (2016).

**PROFILE OF MEMBER:**

MD, Senior Graduate Assistant CHSJ, with Geriatric Competency (OM) and Family Therapist.

Member of Directive Council of Faculty of Medicine of University of Porto (FMUP).

PhD, Associate Professor with Aggregation in the FMUP.

Principal Researcher of the GeriMHealth in CINTESIS.UP.

**Teaching in:**

## 1. University of Porto:

- a) Master Degree in Medicine of FMUP, in 6<sup>th</sup> year (since 2016), in charge of Psychiatry and Mental Health (Clinical Practice).
- b) Master in Psychiatry and Mental Health of FMUP (since 2015), in charge of Geriatric Psychiatry and of Psychiatric Pathology.
- b) Doctoral Program in Gerontology and Geriatrics - UP/UA (since 2009), in charge of Mental Health in Older People.
- c) Post-Graduation for General Practitioners – FMUP (since 2010), in charge of Psychiatric Diseases.
- d) Labour Psychology - FMUP (1993-1999).

## 2. Portuguese Catholic University:

- a) Bachelor of Nursing, in charge of Elderly and Adult Psychopathology (1991-2012).
- b) Nursing Master, in charge of Psychopathology and Psychiatry (2007-2015).

## 3. Paula Frassinetti Higher School – Bachelor of Social Education, in charge of Gerontology (1997-2006).

## 4. Superior Institute of Maia – Psychology Course (1996-2003), in charge of:

- a) Gerontopsychology
- b) Stress and Ways of Coping
- c) Deviant Behaviour.

**Researcher in:**

- Ageing, Dementia, Behavioural Psychological Symptoms of Dementia:
  - PortAge JNICT - PMCT/SAN/77/90 (1992-1997)
  - EUGERON - BMH11165 (1996)
  - UNIFAI - PT 100 Centenarians (since 2011)
  - IPA Presidents Forum (2011-2015)
  - The Porto4Ageing consortium – Oporto Excellence Centre on Active and Healthy Ageing (<http://www.porto4ageing.pt/en/index.php>) (since 2016)
  - Rede pan-europeia de investigadores INTERDEM (Early detection and timely INTERvention in DEMentia) (<http://interdem.org/>) (since 2016)
- Delirium:
  - Confusion Assessment Method – Portuguese Validation (FCT-SFRH/BD/63154/2009) (2010-2013)
  - Impact of Delirium in Elderly Patient, Family and Health Staff (FCT-SFRH/BPD/103306/2014) (since 2015)
- Psychosomatics (co-founder Portuguese Society of Psychosomatic/SPP 1995) with:
  - Chronic respiratory diseases (project Harvard Medical School/FCT - HMSP-IDSIM/SIM/0018/2009) (2009-2012)
  - Heart Failure (project: “Symbiotic technology for societal efficiency gains: Deus ex Machina (DEM) (NORTE-01-0145- FEDER-000026) (since 2016)
- Bipolar Disorder (BRIDGE and BRIDGE-MIX Project) (2008-2010), with the foundation of Association of Depressive and Bipolar Patients/ADEB (Clinical Director of North division in Portugal).
- Clinical Trials (Memantine (1994); Abecarnil/Buspirone (1997); Olanzapine/Haloperidol F1D-MC-HGHD (1999-2000); Agomelatine CL3-20098-070 (2008-12) and CLE- 20098-068 (2011-2014).

**Author of 7 books, 19 chapters, 98 articles (56 indexed journals), 174 abstracts (89 indexed) and with 260 oral presentations (62 international) and 138 posters (94 international).**

**AREAS OF EXPERTISE:**

Researcher in: Ageing, Dementia (Alzheimer Disease), Delirium, Depression, Behavioural and Psychological Symptoms, Frailty, Comorbidity, Bipolar Disorder, Circadian Rhythms, Older Adults Assessment and Validation of Instruments, Elderly Needs Assessment and Dementia Care, Older Adults Mental Health Services, Psychosomatics in Chronic Respiratory Diseases (asthma), Psychotherapy (Family Therapy and Psychoeducation).

#### RELEVANT RESEARCH ACTIVITY:

1. **Coordination of Project: Portuguese Validation of Camberwell Assessment of Needs for the Elderly (CANE)** (Coord. Lia Fernandes/FMUP and Manuel Gonçalves-Pereira/FCMUNL. Partners: Univ. College London (Martin Orrell), Univ. Santiago de Compostela (Raimundo Mateos), Hospital S. João/FMUP (João Barreto, Lia Fernandes), Escola Nacional de Saúde Pública/FCMUNL (Manuel Gonçalves-Pereira), Hospital Magalhães Lemos (António Leuschner), Hospitais Universitários de Coimbra (Horácio Firmino), Hospital Sobral Cid (Duarte Falcão) and Working Group of CANE – Portugal (2004-2009).
2. **Clinical Trial – International Multicentre Project: Efficacy and safety of oral administration of Agomelatine in elderly patients with Major Depressive Disorder.** Study Protocol N° CL3-20098-070. Centre: HSJ, EPE (Principal Investigator: Lia Fernandes) and Institut de Recherches Internationales Servier (2008-2012).
3. **Researcher in the Project: Chronic Diseases of the airways: contents and tools for productive interactions between empowered patients and proactive professionals.** Harvard Medical School/FCT – Portugal Program. Ref.: HMSP-IDSIM/SIM/0018/2009. FMUP/ICBAS. Principal Investigator: João Fonseca (FMUP). Researchers: Altamiro da Costa Pereira (FMUP), João Carlos Winck (FMUP), Lia Fernandes UNIFAI (FMUP/ICBAS), Jaime Correia de Sousa and John Yaphe (UM) (2009-2012). <http://www.hmsportugal.pt/>
4. Researcher in the Project: **Development and validation of the Control of Allergic Rhinitis and Asthma Test (CARAT10).** Sponsor: Merck Sharp and Dohme. Principal Investigator: João Fonseca (FMUP). Researchers: Nogueira-Silva L, Morais-Almeida M, Azevedo LF, Sa-Sousa A, Branco-Ferreira M, Fernandes L, Bousquet J. (2010-2012). <http://www.caratnetwork.org>
5. Researcher in the Clinical Trial – International Multicentre Project: **Observational cohort study to evaluate the safety of Agomelatine in standard medical practice on depressed patients.** Ref.: CLE-20098-068. Promotor: Institut de Recherches Internationales Servier. Coord. Luísa Figueira (FMUL) (2011-2014).
6. Senior Researcher in the **Project: PT100 Oporto Centenarian Study. International Centenarian Consortium (ICC).** Network: Second Heidelberg Centenarian Study (HD100-II) the Fordham Centenarian Study (FD100). Sponsor: UNIFAI/ICBAS and CINTESIS/FMUP - UP, FCT, Council of Rectors of Portuguese Universities. Coord. Óscar Ribeiro. Researchers: Constança Paúl, Daniela Brandão, Laetitia Teixeira, Lia Araújo, Natália Duarte, Rosa Afonso. International Advisors: Christoph Rott, Daniela Jopp. Senior Researchers: Ignácio Martin, Lia Fernandes, Manuel Loureiro, Margarida Cerqueira, Margarida Pedroso Lima, Maria Assunção Vaz Pato (since 2011). [http://www.pt100.pt/?page\\_id=218](http://www.pt100.pt/?page_id=218)
7. Supervision of PhD Project of Sónia Martins: **Confusion Assessment Method/CAM: Adaptation and Validity for the Portuguese Population.** Foundation for Science and Technology (FCT), Ref.: SFRH/BD/63154/2009. Doctoral Program in Gerontology and Geriatrics, UP/UA (2009-2014).
8. Supervision of PhD Project of Joaquim Passos: **Needs in Elderly People with Mental Health Problems.** Doctoral Program in Gerontology and Geriatrics, UP/UA (2009-2014)
9. Supervision of PhD Project of Tiago Coelho: **Integral Model of Frailty in Elderly (from construct to assessment - Tilburg Frailty Indicator).** Doctoral Program in Gerontology and Geriatrics, UP/UA (2012-2014).
10. Researcher in the Project: **“Symbiotic technology for societal efficiency gains: Deus ex Machina (DEM)”.** Sponsor: The Norte Portugal Regional Coordination and Development Commission (NORTE-01-0145-FEDER-000026). Partners: Associação Fraunhofer Portugal Research, Universidade do Minho, Universidade do Porto, Universidade de Trás os Montes e Alto Douro (since 2016).

#### KEY PUBLICATIONS:

##### Edition of Journal Special Issues:

1. *Fernandes L, Ihl R.* (Guest Editors). **Abstract Supplement of the 39<sup>th</sup> Congress of the European Association of Geriatric Psychiatry (EAGP) and 11<sup>th</sup> Congress of Gerontopsychiatry Portuguese Association (APG). Aging & Mental Health**, 2011 Dec; 15(Suppl. 1):1-34. Orrell M, Zarit S (Eds.). Taylor & Francis Ltd. [ISSN: 1360-7863]. [ISI: FI 1.781/Scopus/PubMed]. **Doi:10.1080/13607863.2011.646469**
2. *Fernandes L, Paúl C.* (Topic Editor). Research Topic: Aging and Mental Health. **Frontiers in Aging Neuroscience**, 2017. ISSN 1664-8714 // ISBN 978-2-88945-188-3 // doi 10.3389/978-2-88945-188-3

##### International Chapters:

1. *Fernandes L.* **Psychological Factors in Asthma and Psychoeducational Interventions.** In: Pereira C. (Editor). Allergic Diseases - Highlights in the Clinic, Mechanisms and Treatment. InTech; 2012. Chapter 16; p.313-338. [ISBN: 978-953-51-0227-4] **(3521 downloads Mar 2012-Apr 2015).** Doi: 10.5772/26632
2. *Fernandes L.* **Mental Health and Carers.** In: Bährer-Kohler, S., & Carod-Artal, F. J. (Editores). Global Mental Health: Prevention and Promotion. Springer; 2017. Chapter 5; p. 47-60. (ISBN 978-3-319-59123-0). Doi: 10.1007/978-3-319-59123-0\_5

##### Articles in Indexed Journals:

1. Lume J, *Fernandes L*, Peixoto F. By-pass Coronário e Estudo da Tensão Familiar. **Arquivos de Medicina**, 1995 Nov/Dez; 9(6):358- 363. [ISI/Scopus]
2. *Fernandes L*, Fernandes M, Cruz R, Gonçalves R, Martins S, Rodrigues J, Almeida J, Pinto A, Vieira A. Caracterização da Personalidade dos Doentes Asmáticos. **Revista Portuguesa de Psicossomática**, 2002 Jul/Dez; 4(2):1-6. [SciELOPortugal/Index das Revistas Médicas Portuguesas/Latindex]
3. Rosmaninho I, *Fernandes L*, Miranda M, Ferraz Oliveira J, Lopes J, Vaz M. Dermatose Neuropsicogénica: Caso Clínico. **Revista Portuguesa de Psicossomática**, 2003 Jan/Jun; 5(1):101-104. [SciELOPortugal/Index das Revistas Médicas Portuguesas/Latindex]
4. Teixeira S, *Fernandes L*, Falcão F. A Qualidade de Vida do Doente com Retinopatia Diabética. **Acta Oftalmológica**, 2004; XIX:61-66. [Index das Revistas Médicas Portuguesas/Latindex]
5. *Fernandes L*, Fonseca J, Rodrigues J, Vaz M, Almeida J, Winck C, Barreto J. [Personality Characteristics of Asthma Patients]. **Revista Portuguesa de Pneumologia**, 2005 Jan/Fev; 11(1):7-34. [ISI: FI 0.855, Cit. 7/Scopus: Cit. 6/PubMed]
6. *Fernandes L.* A Sexualidade no Idoso. **Revista da Faculdade de Medicina de Lisboa**, 2006 Jul/Ago; Série III, 11(4):225-231. [Index das Revistas Médicas Portuguesas/Latindex]
7. Fonseca JA, Costa-Pereira A, Delgado L, *Fernandes L*, Castel-Branco MG. Asthma Patients are Willing to Use Mobile and Web Technologies to Support Self-management. **Allergy**, 2006; 61(3):389-390. [ISI: FI 5.995, Cit. 9/Scopus: Cit. 11 /PubMed]
8. Barros R, Moreira A, Fonseca J, Fonseca J, Moreira P, *Fernandes L*, Ferraz Oliveira J, Delgado L, Castel-Branco M. Obesity and Airway Inflammation in Asthma. **Journal of Allergy and Clinical Immunology**, 2006; 117(6):1501-1502. [ISI: FI 11.248, Cit. 25/Scopus: Cit. 25/PubMed]

9. Gonçalves-Pereira M, *Fernandes L*, Leuschner A, Barreto J, Falcão D, Firmino H, Mateos R, Orrell M e Grupo de Trabalho Cane/Portugal. Versão Portuguesa do CANE (Camberwell Assessment of Need for the Elderly): Desenvolvimento e Dados Preliminares. **Revista Portuguesa de Saúde Pública**, 2007; 25(1):7-18. [ISI/Scopus]
10. *Fernandes L*. [Ethical and Legal Issues in Late Stage of Dementia]. **Acta Médica Portuguesa**, 2008 Jan/Fev; 21(1):65-72. [ISI: FI 0.281, Cit. 1/Scopus: Cit. 1/PubMed]
11. *Fernandes L*, Gonçalves-Pereira M, Leuschner A, Martins S, Sobral M, Azevedo LF, Dias C, Mateos R, Orrell M. Validation Study of the Camberwell Assessment of Need for the Elderly (CANE) in Portugal. **International Psychogeriatrics**, 2009 Feb; 21(1):94-102. [ISI: FI 1.892, Cit. 13/Scopus: Cit. 14/PubMed]
12. Ribeiro O, *Fernandes L*, Firmino H, Simões MR, Paul C. Geropsychology and Psychogeriatrics in Portugal: Research, Education and Clinical Training. **International Psychogeriatrics**, 2010; 22(6):854-863. [ISI: FI 1.892, Cit. 2/Scopus: Cit. 3/PubMed]
13. Fonseca JA, Nogueira-Silva L, Morais-Almeida M, Azevedo LF, Sa-Sousa A, Branco-Ferreira M, *Fernandes L*, Bousquet J. Validation of a Questionnaire (CARAT10) to Assess Rhinitis and Asthma in Patients with Asthma. **Allergy**, 2010; 65(8):1042-1048. [ISI: FI 5.995, Cit. 15/Scopus: Cit. 16/PubMed]
14. *Fernandes L*, Fonseca J, Martins S, Delgado L, Costa-Pereira A, Castel MG. Association of Anxiety with Asthma: Subjective and Objective Outcome Measures. **Psychosomatics**, 2010 Jan/Feb; 51(1):39-46. [ISI: FI 1.669, Cit. 10/Scopus: Cit. 14/PubMed]
15. Lopes R, Moldes P, Pinto A, *Fernandes L*. Caso de Demencia Vascular. **Psicogeriatría**, 2011; 3(1):45-49. [Latindex]
16. Lopes R, *Fernandes L*. Perturbação Afetiva Bipolar, Disfunção Cognitiva e Demência. **Arquivos de Medicina**, 2012; 26(1):25-30. [ISI/Scopus]
17. Passos J, Sequeira C, *Fernandes L*. Prevalência dos Focos de Enfermagem de Saúde Mental em Pessoas mais Velhas: Resultados da Pesquisa Documental Realizada num Serviço de Psiquiatria. **Revista Portuguesa de Enfermagem de Saúde Mental**, 2012 Jun; (7):7- 12. [ISI: Cit. 1]
18. Passos J, Sequeira C, *Fernandes L*. The Needs of Older People with Mental Health Problems: A Particular Focus on Dementia Patients and Their Carers. **International Journal of Alzheimer's Disease**, 2012; Article ID 638267:1-7. [ISI/Scopus: Cit. 2/PubMed]
19. Lopes R, *Fernandes L*. Bipolar Disorder: Clinical Perspectives and Implications with Cognitive Dysfunction and Dementia. **Depression Research and Treatment**, 2012 May; Article ID 275957:1-11. [ISI/Scopus: Cit. 4/PubMed]
20. Martins S, *Fernandes L*. Delirium in Elderly People: A Review. **Frontiers in Neurology**, 2012 Jun; 3, Article 101:1-12. [ISI: Cit. 11/Scopus: Cit. 22/PubMed]
21. Martins S, Simões MR, *Fernandes L*. Elderly Delirium Assessment Tools Review. **Current Psychiatry Reviews**, 2012; 8(2):168-174. [Scopus: Cit. 2/PubMed]
22. Heun R, Ahokas A, Boyer P, Giménez-Montesinos N, Pontes-Soares F, Olivier V, Agomelatine Study Group: Corral R, Berardo G, Lamaison H, Gargoloff P, Lupo C, Ahokas A, Jaaskelainen J, Jokinen R, Penttinen J, Pirila M, Riihikangas R, Timonen M, Nicolini H, Ontiveros J, Saucedo D, Saucedo E, Triay Peniche F, Marques Teixeira J, Lara E, Roldão Vieira C, *Fernandes L*, Fontes Ribeiro C, Dehelean P, Lenciu M, Prelipceanu D, Fodoreanu L, Oros G, Dan I, Vasile D, Ladea M. The Efficacy of Agomelatine in Elderly Patients with Recurrent Major Depressive Disorder: A Placebo-Controlled Study. **Journal of Clinical Psychiatry**, 2013 Jun; 74(6):587-594. [ISI: FI 5.139, Cit. 12/Scopus: Cit. 8/PubMed] (autoria colaborativa)
23. Campos Costa I, Carvalho H, *Fernandes L*. Aging, Circadian Rhythms and Depressive Disorders - a Review. **American Journal of Neurodegenerative Disease**, 2013 Nov 29; 2(4):228-246. [ISI/Scopus/PubMed]
24. Wang H, *Fernandes L*, Oster S, Takeda M, Brodaty H, Mintzer JE. The State of Psychogeriatrics in Different Regions of the World: Challenges and Opportunities. **International Psychogeriatrics**, 2013 Oct; 25(10):1563-1569. [ISI: FI 1.892/Scopus: Cit. 1/PubMed]
25. Bährer-kohler S, *Fernandes L*. Mental Health of Elderly – Multidimensional Aspects. **Psychogeriatría Polska**, 2013; 10(1):1-10. [Scopus]
26. Passos J, Sequeira C, *Fernandes L*. Desenvolvimento de um Catálogo CIPE: Necessidades do Idoso em Enfermagem de Saúde Mental e Psiquiatria. **Revista Portuguesa de Enfermagem de Saúde Mental**, 2013 Dez; (10):15-23. [ISI]
27. Martins S, Simões MR, *Fernandes L*. O Impacto do Delirium na Família/Cuidadores. **Revista Portuguesa de Enfermagem de Saúde Mental**, 2013 Dez; (10):43-48. [ISI]
28. Warner J, Graham N, Lima C, Brodaty H, Stoppe G, Agüera-Ortiz L, Bailey D, Baldwin R, Barak Y, Camus V, Carter P, Casey J, Chiu H, Chiu E, Engedal K, *Fernandes L*, Firmino H, Gangolli V, Grossberg G, Gustafson L, Gutzmann H, Hanon C, Heun R, Ihl R, Kalasic A, Knight P, Kuznecovs V, Leszek J, Ivbijaro G, Martín-Carrasco M, Palha A, Peisah C, Potocnik F, Sadavoy J, Falcão D, Tataru N, Trabucchi M, Tudose C, Verrey F, von Gunten A. Mental Health – and How the Other Half Lives. **The Times**. Letters to the Editor, 2014 Jan; 24:31.
29. Ponte C, Almeida V, *Fernandes L*. Suicidal Ideation, Depression and Quality of Life in the Elderly: Study in a Gerontopsychiatric Consultation. **Spanish Journal of Psychology**, 2014; 17:1-10. [ISI: FI 0.706/Scopus/PubMed]
30. Martins S, Moldes P, Pinto-de-Sousa J, Conceição F, Paiva JA, Simões MR, *Fernandes L*. Pilot Study on the European Portuguese Version of the Confusion Assessment Method. **Acta Neuropsychiatrica**, 2014; 26(5):321-324. [ISI: FI 0.639/Scopus/PubMed]
31. Martins S, Conceição F, Paiva JA, Simões MR, *Fernandes L*. Delirium Recognition by Family: European Portuguese Validation Study of the Family Confusion Assessment Method. **Journal of the American Geriatrics Society**, 2014; 62(9):1748-1752. [ISI: FI 4.216/Scopus/PubMed]
32. Passos J, Sequeira C, *Fernandes L*. Focos de Enfermagem em Pessoas mais Velhas com Problemas de Saúde Mental. **Revista de Enfermagem Referência**, 2014 Mai/Jun; Série IV(2):81-91. [ISI]
33. Ferreira AR, Martins S, Ribeiro O, *Fernandes L*. Validity and Reliability of the European Portuguese Version of Neuropsychiatric Inventory in an Institutionalized Sample. **Journal of Clinical Medicine Research**, 2015; 7(1):21-28. [ISI/PubMed]
34. Martins S, Lourenço C, Pinto-de-Sousa J, Conceição F, Paiva JA, Simões MR, *Fernandes L*. Validation Study of the European Portuguese Version of the Confusion Assessment Method (CAM). **International Psychogeriatrics**, 2015; 27(5):777-784. [ISI: FI 1.892/Scopus/PubMed]
35. Ribeiro C, Sarmiento e Castro R, Dinis-Ribeiro M, *Fernandes L*. Effectiveness of Psycho-educational Intervention in HIV Patients' Treatment. **Frontiers in Psychiatry**, 2015 Jan; 5, Article 198:1-8. [ISI/Scopus/PubMed]
36. Coelho T, Santos R, Paúl C, Gobbens JJR, *Fernandes L*. Portuguese Version of the Tilburg Frailty Indicator (TFI): Transcultural Adaptation and Psychometric Validation. **Geriatrics & Gerontology International**, 2015; 15(8):951-960. [ISI: FI 1.575/Scopus/PubMed]
37. *Fernandes L*, Mateos R, Engedal K, Von Guten A, Stek LM, Ramakrishnam A, Ihl R, Wang H, Mintzer J, Brodaty H, on behalf of the President Forum Working Group of International Psychogeriatric Association. The State of Psychogeriatrics in Europe: Challenges and Opportunities in Six European Countries. Guest Editorial. **International Psychogeriatrics**, 2015 Aug; 27(8):1243-1246. [ISI: FI 1.892/Scopus/PubMed]

38. Coelho T, Paúl C, Gobbens JJR, *Fernandes L*. Determinants of Frailty: The Added Value of Assessing Medication. **Frontiers in Aging Neuroscience**, 2015; 7(Article 56):1-8. [ISI: FI 2.843/Scopus/PubMed]
39. Fernandes A, Coelho T, Vitória A, Ferreira A, Santos R, Rocha N, Fernandes L, Tavares JM. Standing balance in individuals with Parkinson's disease during single and dual-task conditions. **Gait & Posture**, 2015; 42(3): 323-328. [ISI: FI 2.30/Scopus/PubMed]
40. Coelho T, Paúl C, Gobbens JJR, *Fernandes L*. Frailty as a predictor of short-term adverse outcomes. **PeerJ**, 2015; 3(e1121):1-18. [ISI: 2.112/Scopus/PubMed]
41. Coelho T, Fernandes A, Santos R, Paúl C, Fernandes L. Quality of standing balance in community-dwelling elderly: age-related differences in single and dual task conditions. **Archives of Gerontology and Geriatrics**, 2016; 67:34-39. [ISI: FI 2.086/Scopus/PubMed]
42. Ferreira AR, Dias CC, *Fernandes L*. Needs in Nursing Homes and Their Relation with Cognitive and Functional Decline, Behavioral and Psychological Symptoms. **Front. Aging Neurosci**, 2016; 8: article 72:1-10. [ISI: FI 4.504; 1 Cit./Scopus/PubMed] doi: 10.3389/fnagi.2016.00072
43. *Fernandes L*, Paúl C. Aging and Mental Health. Overview. **Front. Aging Neurosci**, 2017; Jun: 2-3. (file:///C:/Users/Sonia%20Martins/Downloads/9782889451883.PDF)
44. *Fernandes L*, Huali Wang. Research Topic: Mood and Cognition in Old Age. Overview. **Front. Aging Neurosci**, online, May 2016 (<https://www.frontiersin.org/research-topics/4691/mood-and-cognition-in-old-age>)
45. Coelho T, Paúl C, Gobbens JJR, *Fernandes L*. Multidimensional Frailty and Pain in Community Dwelling Elderly. **Pain Medicine**, 2017; 18(4):693-701. [ISI: FI 2.339/Scopus/PubMed]
46. Martins S, Paiva JA, Simões MR, *Fernandes L*. Delirium in Elderly Patients: Association with Educational Attainment. **Acta Neuropsychiatrica**, 2017, 29(2):95-101. [ISI IF 1.939; Scopus; PubMed] doi: 10.1017/neu.2016.40
47. Passos J, Fonte A, Dias C, Fernandes L. The Needs of older people with mental health problems in a Portuguese Psychiatry setting. **International Psychogeriatrics**, 2017 May, 29(5): 845-853. [ISI: FI 2.423/Scopus/PubMed] doi: 10.1017/S1041610217000072.
48. Pereira T, Martins S, *Fernandes L*. Short Sleep Duration and Circadian Rhythms: Association with Suicidal Behaviour. **International Journal of Psychological and Brain Sciences**, 2017, 2(2): 46-62. doi: 10.11648/j.ijpbs.20170202.13
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#### CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:

1. Principal Investigator of the project “**Behavioural and psychological symptoms: ABS Instrument - Portuguese Adaptation and Validation Study**” – in Psychiatry and Mental Health Clinic of São João Hospital Centre in Porto (since 2018).
2. Supervision of PhD Project of Susana Almeida: **Emotional, inflammatory and genetic factors of resilience and vulnerability to depression in patients with pre-menopausal breast cancer: a contribution to effective Psycho-Oncological interventions**. Doctoral Program in Medicine, Faculty of Medicine of University of Porto (since 2018).
3. Supervision of PhD Project of Lídia Sousa: **Music-based Interventions in the Acute Hospital setting for patients with dementia: a development and feasibility study**. Doctoral Program in Medicine, FMUP (since 2017).
4. Supervision of Post-doctoral Project of Emília Moreira: **Symbiotic technology for societal efficiency gains: Deus ex Machina (DEM)**. Foundation for Science and Technology (FCT), Ref. NORTE-01-0145-FEDER-000026]. CINTESIS/FMUP (since 2017).
5. Supervision of PhD Project of Diana Lúzio: **Cognitive Stimulation Therapy**. Doctoral Program in Gerontology and Geriatrics, UP/UA (since 2016).
6. Supervision of PhD Project of Patrick Alves: **State of Community Psychiatry in Portugal - Development of a Community intervention**. Doctoral Program in Clinical Neurosciences, Neuropsychiatry and Mental Health, FMUP (since 2016)
7. Supervision of Post-doctoral Project of Sónia Martins: **Impact of Delirium in Elderly Patient, Family and Health Staff**. Foundation for Science and Technology (FCT), Ref. SFRH/BPD/103306/2014. CINTESIS/FMUP (since 2015).
8. Supervision of PhD Project of Ana Rita Ferreira: **Needs and Behavioural, Psychological Symptoms in Elderly: Validation of Measures and Outcomes Assessment**. Doctoral Program in Clinical and Health Services Research, FMUP (since 2013).
9. Supervision of PhD Project of Rosa Ferreira: **Clinical and Psychological Aspects of Elderly Diabetics Patients in Continuous Care Units**. Doctoral Program in Gerontology and Geriatrics, UP/UA (since 2013).
10. Supervision of PhD Project of Mário Pinto: **Frailty in Elderly People**. Doctoral Program in Gerontology and Geriatrics, UP/UA (since 2013).

#### HOW DO YOU INTEND TO CONTRIBUTE TO INTERDEM:

I have been scientifically interested in Psychogeriatric studies since my early career, namely in clinical, educational and research aspects of Alzheimer's disease and related disorders. Through my experience as a member of international organizations, like IPA and EAGP, I realize the need for international collaboration from an academic perspective as well as a clinical point of view (namely in the field of psychopathology in older adults, cognitive impairment, dementia, delirium, frailty, needs of older people, and the organization of services).

My professional goals and contributions to research and clinical aspects of dementia and elderly care, led to the wish of scientifically contribute to the better development of education and research, particularly in collaboration with specific task forces in the improvement of psychogeriatrics, which can only be done efficiently at an international level.

I would be able to attend the meetings and work in collaboration with present and future research projects, in order to disseminate knowledge and the best practices in order to improve mental health and better care for older people.