



INTERDEM MEMBERS – BRIEF CURRICULUM VITAE

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Please can you also add a picture of yourself



NAME: Tamara Backhouse

TITLE: Dr

PROFESIONAL GROUPING: Health Sciences, Social care

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PRESENT POSITION (e.g. Director of): Alzheimer's Society Research Fellow

HIGHEST ACADEMIC QUALIFICATION (e.g. PhD, MD etc.): PhD

PROFILE OF MEMBER: Research Fellow at the University of East Anglia. Research focusses on dementia care interventions and care homes.

AREAS OF EXPERTISE: Day-to-day care of people with dementia in care home, hospital and family settings. Qualitative research, process evaluation, interviews, observations, focus groups, case studies, and systematic reviews.

KEY PUBLICATIONS (Max. 5):

Backhouse, T., Camino, J. and Mioshi, E. (2018) What do we know about behavioural crises in dementia? A Systematic Review, *Journal of Alzheimer's Disease*. 62(1), 99-113.

Backhouse, T. Penhale, B, Gray R. and Killett, A. (2018) Questionable practices despite good intentions: coping with risk and impact from dementia related behaviours in care homes, *Ageing & Society*; 38(9): 1933-1958.

Backhouse, T., Killett, A., Penhale, B. and Gray, R. (2016) The use of non-pharmacological interventions for dementia behaviours in care homes: findings from four in-depth, ethnographic case studies, *Age and Ageing*, 45(6): 856-863.

Backhouse, T., Kenkmann, A., Lane, K., Penhale, B., Poland, F. and Killett, A. (2016) Older care-home residents as collaborators or advisors in research: a systematic review, *Age and Ageing*. 45(3): 337-345.

Backhouse, T., Killett, A., Penhale, B., Burns, D. & Gray, R. (2014) Behavioural and psychological symptoms of dementia and their management in care homes within the East of England: a postal survey, *Aging & Mental Health*, 18(2): 187-193.

RELEVANT RESEARCH ACTIVITY:

Please indicate for past 5 years only (i) Grants Awarded: Names of investigators; Years; Title of Project; name of awarding agency (ii) PhD and other projects: Title, start or completed date.

- (i) **T. Backhouse**; 2017 - 2021; "Reducing resistiveness - and enhancing engagement - in personal care in severe dementia" Alzheimer's Society Junior Fellowship (£208,824).
- (ii) PI A Killett, Co-Applicants: K Lane; **T Backhouse**; B Penhale; F Poland. 2017 – 2018; "Older people's decisions about transitions into care homes and how to achieve active partnerships in decision-making". Norfolk and Suffolk Primary and Community Care Research Office – Research Capability Funding (RCF) from the pooled funds from the Norfolk and Waveney CCGs as part of the themed call "Complex Health and Care Needs in Older People". (£7173.41)
- (iii) PI: N Kishita, CO-Is: R Jowett, E Mioshi, **T Backhouse**, J Camino. November 2017, A visit to Japan by five academics from the University of East Anglia to allow them to present cutting-edge dementia research at a joint research seminar and develop UK-Japan collaboration in dementia research to address the global health challenge of dementia. £7000. Daiwa Foundation Award.
- (iv) **T Backhouse**, (2017), Letter of Intent Successful, Alzheimer's Association Research Fellowship. Improving personal care in severe dementia: reducing resistiveness. Approved Letter of Intent, Full application not submitted due to obtaining funding from the Alzheimer's Society for the same fellowship.
- (v) PI: L Hooper, **CO-Is** D Bunn, A Killett, **T Backhouse**, F Cheater, P Hunter, L Shepstone. July 2015 to Dec 2016, Creating a "pro-drinking" environment: developing & testing an innovative low-cost activity-based intervention to support care home residents in keeping hydrated (a proof of concept study). £74,869. Dunhill Medical Trust.
- (vi) PI: A Killett, CIs: F Poland, B. Penhale, A Kenkmann, **T Backhouse**, K Lane. Oct 2015 to Mar2016, 6 month cost extension of the Residents Research-Active in Care Homes study "Applying knowledge from RReACH - Developing sustainable structures in practice that support older care home residents as PPI members" £20,851 Collaborations for Leadership in Applied Health Research and Care East of England (CLAHRC EoE)

CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:

Current research interests include: day-to-day care of people with dementia in care home, hospital and family settings. Psychosocial interventions to improve care of people with dementia.

Current project: Alzheimer's Society Research Fellowship (2018-2021): Reducing resistiveness - and enhancing engagement - in personal care in severe dementia (Pro-CARE)

HOW DO YOU INTEND TO CONTRIBUTE TO INTERDEM: I would be happy to take an active role to support Interdem activities, perhaps to assist with event organisation and preparation or by supporting a task force. I am happy to be contacted when opportunities arise.