

I. CONTACT DETAILS

Dr. Snorri Bjorn Rafnsson MSc, PhD, FRSPH

Lecturer in Public Health and Social Care & Course Leader BSc Health & Social Policy, Centre for Primary Health and Social Care, Faculty of Social Sciences and Humanities, London Metropolitan University, London, UK.

E-mail: s.rafnsson@londonmet.ac.uk

II. CURRENT ACADEMIC/RESEARCH POSTS

- Lecturer in Public Health and Social Care, Centre for Primary Health and Social Care, Faculty of Social Sciences and Humanities, London Metropolitan University, London, UK.
- Associate Staff member, Department of Epidemiology and Public Health, University College London, UK.

III. PREVIOUS ACADEMIC/RESEARCH/HONORARY POSTS

2014-2016

- Research Associate in Dementia & Cognitive Ageing Research, Department of Epidemiology and Public Health, University College London, UK.

2013-2014

- Research Associate in Ageing & Wellbeing, Department of Epidemiology and Public Health, University College London, UK.

2013-2015

- Adjunct Associate Professor, Faculty of Health Sciences, University of Akureyri, Iceland.

2010-2015

- Honorary Fellow in Epidemiology, Department of Public Health Sciences, College of Medicine and Veterinary Medicine, University of Edinburgh, UK.

2010-2013

- Senior Epidemiologist, Hellenic Health Foundation, Greece.

2007-2010

- Research Fellow in Epidemiology, Department of Public Health Sciences, College of Medicine and Veterinary Medicine, University of Edinburgh, UK.

2006-2007

- Research Associate in Epidemiology, Department of Public Health Sciences, College of Medicine and Veterinary Medicine, University of Edinburgh, UK.

IV. EDUCATION

2002-2007

- Doctor of Philosophy (PhD) in Epidemiology, Department of Public Health Sciences, College of Medicine and Veterinary Medicine, University of Edinburgh, UK.

2001-2002

- Master of Science (MSc) in Epidemiology, Department of Public Health Sciences, College of Medicine and Veterinary Medicine, University of Edinburgh, UK.

2000-2001

- Diploma studies in Modern Greek, School of Philosophy, University of Athens, Greece.

1996-2000

- Bachelor of Science (BSc) in Nursing Studies (1st Class Honours), Faculty of Health Sciences, University of Akureyri, Iceland.

V. ADDITIONAL RESEARCH/TEACHING TRAINING & COURSES

2016

- Post-Graduate Certificate in Teaching in Higher Education (currently enrolled since February 2016), Centre for Professional & Educational Development (CPED), London Metropolitan University, London, UK.

2014

- International Summer School in Social Gerontology (“Ageing Research and Practice in Dialogue”), Keele University, UK (June 3-5 2014).

- Life Course Research Training workshop, Centre for Longitudinal Studies (CLS), Cohort and Longitudinal Studies Enhancement Resources (CLOSER), Institute of Education, University of London, UK (March 17 2014). Topics: Life course models, theories and examples; Perspectives from multiple disciplines; Methodology and analysis in life course research.

2013

- Master Class in Clinical Epidemiology, King’s College London, UK (November 18-19 2013). Topics: Screening and diagnostic tests; Meta-analysis; Research ethics; Critical appraisal of clinical epidemiological studies.

- An introduction to Research Student Supervision at University College London (UCL), UK.

2008

- Introduction to Effective Tutoring course, University of Edinburgh, UK.

2008

- Global Burden of Disease Training Workshop, Medical School, Harvard University, USA.

2008

- Systematic Review & Meta-analysis course, University of Edinburgh, Medical School, UK.

2002-2006

- Various transferable skills courses at the University of Edinburgh: scientific paper production: from planning to publication; Effective writing; Time management; Developing a successful career; Searching the research literature in medicine.

VI. UK & INTERNATIONAL HIGHER EDUCATION TEACHING EXPERIENCE**1. Undergraduate-level courses/modules****2016 onwards**

-Course Leader for BSc Health & Social policy undergraduate course, Faculty of Social Sciences & Humanities, London Metropolitan University, London, UK.

-Module Leader for Year 3 (Level 6) Health & Social Policy Project (SH6P00) module, Faculty of Social Sciences & Humanities, London Metropolitan University, London, UK.

-Module Leader for Year 1 (Level 4) Communicating with Different Client Groups (SH4000) module, Faculty of Social Sciences & Humanities, London Metropolitan University, London, UK.

Up to 2016

- BSc in Population Health, module on Ageing and Population Health, Department of Epidemiology and Public Health, University College London, UK.

- MBBS course, module on Social Determinants of Health, University College London Medical School, UK.

- MBBS course, module on Epidemiology & Public Health, University College London Medical School, UK.

- BSPsy in Psychology course, module on Health Psychology, Hellenic American University, Athens, Greece.

2. Postgraduate-level courses/modules**2016 onwards**

-Module leader for MSc (Level 7) Perspectives on Ageing (SH7025) module, Faculty of Social Sciences & Humanities, London Metropolitan University, London, UK.

-Lecturer on Social Epidemiology module (SH7041) on the MSc in Public Health course, Faculty of Social Sciences and Humanities, London Metropolitan University, UK.

Up to 2016

- MSc in Social Epidemiology course, University College London, UK.

- MSc in Health Psychology course, University College London, UK.

- MSc in Evidence-based healthcare course, University College London, UK.

- MSc in Sexual health and Infection, University College London, UK.

- Cross-faculty MSc module on Quantitative Research Methods, University of Akureyri, Iceland.

- MSc in Health Sciences course, module on Health, Society and the Health Service, University of Akureyri, Iceland.
- MSc in Public Health Research course, Department of Public Health Sciences, University of Edinburgh, UK.
- MSc in International Health and Development course, Queen Margaret University, Edinburgh, UK.

3. Doctoral training/supervision

- Member of the Doctoral Supervision Committee, Faculty of Health Sciences, University of Akureyri, Iceland.

VII. PROFESSIONAL EDUCATION/TEACHING

2006 onwards

- Co-lecturer on the annual 'Concepts of Epidemiology' 5-day crash course (for medical, nursing and allied health professionals in academic departments, research units, or in the UK National Health Service - NHS), Department of Public Health Sciences, College of Medicine and Veterinary Medicine, University of Edinburgh, UK.

VIII. STUDENT PROJECT SUPERVISION & PASTORAL CARE EXPERIENCE

2016 onwards

- Principal final project supervisor, BSc Health & Social policy undergraduate course, Faculty of Social Sciences & Humanities, London Metropolitan University, London, UK.
- Principal MSc dissertation supervisor, MSc in Public Health course, Faculty of Social Sciences and Humanities, London Metropolitan University, UK.
- Personal Academic Supervisor, Faculty of Social Sciences & Humanities, London Metropolitan University, London, UK.

2015

- Co-supervisor of MSc in Health Psychology final project, Department of Epidemiology and Public Health, University College London, UK.

2014 - 2016

- Postgraduate level Personal Tutor (PT), Department of Epidemiology and Public Health, University College London, UK.

2012-2013

- Co-supervisor of a 4th Year medical undergraduate "Student Selected Component" (SSC4) project entitled: Systematic review of trends in vitamin B12 deficiency in South Asians in comparison to European origin populations. University of Edinburgh, UK.

IX. PUBLICATIONS

1. Manuscripts in preparation/under review

- Norgaard K, Patronek G, Nithya S, **Rafnsson SB**, Ponnusamy S. Rapid-acting insulin analogues in special populations: Systematic review and meta-analysis. Under review.
- Kadoglou N, Biddulph J, **Rafnsson SB**, Nichogiannopoulos, Demakakos P. The prospective association between ferritin levels and all-cause and cardiovascular mortality in a national sample of community-dwellers: The English Longitudinal Study of Ageing. Under review.
- Dorsi E, Xavier A, **Rafnsson SB**, Hogervorst E, Steptoe A, Orrell M. Use of Internet and dementia incidence: results from the English Longitudinal Study of Ageing (ELSA). Aging and Mental Health (under review).
- Soni M, Hogervorst E, Dorsi E, Xavier A, Steptoe A, **Rafnsson SB**, Orrell M. Physical activity and risk for dementia in the ELSA Study. Aging and Mental Health (under review).
- Rafnsson SB**, Orrell M, Dorsi E, Hogervorst E, Steptoe A. Loneliness, Social Integration and Incident Dementia over 6 Years: Prospective Findings from the English Longitudinal Study of Ageing. Alzheimer's & Dementia (under review).

2. Published (or in press) peer-reviewed journal articles

2017

- Khondoker M, **Rafnsson SB**, Morris S, Orrell M, Steptoe A. Positive and negative experiences of social support and risk of dementia in later life: An investigation using the English Longitudinal Study of Ageing. Journal of Alzheimer's Disease, Apr 3. doi: 10.3233/JAD-161160.
- Berendsen A, Kang J, van de Rest O, Jankovic N, Kampman E, Kiefte-deJong J, Franco O, Ikram A, Pikhart H, Nilsson L, Brenner H, Boffetta P, **Rafnsson S**, et al. Association of adherence to a healthy diet with cognitive decline in European and American older adults: a meta-analysis within the CHANCES consortium. Dementia and Geriatric Cognitive Disorders, 2017; 43(3-4): 215-227.

2016

- Sukumar N, **Rafnsson SB**, Bawazeer N, Kandala NB, Bhopal R, Yajnik CS, Saravanan P. Prevalence of vitamin B12 insufficiency in pregnancy and its effect on offspring birthweight: a systematic review and meta-analysis. American Journal of Clinical Nutrition. 2016 May;103(5):1232-51. doi: 10.3945/ajcn.115.123083.

2015

- **Rafnsson SB**, Shankar A, Steptoe A. Informal caregiving transitions, subjective wellbeing and depressed mood: Findings from the English Longitudinal Study of Ageing. Aging & Mental Health 2015 Sept 24. 1-9 doi: 10.1080/13607863.2015.1088510
- **Rafnsson SB**, Shankar A, Steptoe A. Longitudinal influences of social network characteristics on subjective well-being of older adults: Findings from the ELSA Study. Journal of Ageing and Health 2015 Mar 24. doi: 10.1177/0898264315572111.

2014

- Shankar A, **Rafnsson SB**, Steptoe A. Longitudinal associations between social connections and subjective wellbeing in the English Longitudinal Study of Ageing. *Psychology & Health* 2014; 1-13. doi:10.1080/08870446.2014.979823.

2013

- **Rafnsson SB**, Dilis V, Trichopoulou A. Antioxidant nutrients and age-related cognitive decline: a systematic review of population-based prospective studies. *European Journal of Nutrition* 2013: doi: 10.1007/s00394-013-0541-7.

- Duell EJ, Lujan-Barroso L, Llivina C, Muñoz X, Jenab M, Boutron-Ruault M-C, Clavel-Chapelon F, Racine A, Boeing H, Buijsse B, Canzian F, Johnson T, Dalgård C, Overvad K, Tjønneland A, Olsen A, Sánchez SC, Sánchez-Cantalejo E, Huerta J-M, Ardanaz E, Dorransoro M, Khaw K-T, Travis RC, Trichopoulou A, Trichopoulos D, **Rafnsson S** et al. Vitamin C transporter gene (SLC23A1 and SLC23A2) polymorphisms, plasma vitamin C levels, and gastric cancer risk in the EPIC cohort. *Genes & Nutrition* 2013: doi: 10.1007/s12263-013-0346-6.

- **Rafnsson SB**, Bhopal RS, Agyemang CO et al. Sizable variations in circulatory disease mortality by region and country of birth in six European countries. *European Journal of Public Health* 2013: doi: 10.1093/eurpub/ckt023.

2012

- Issrah J, Ivana Luksic, **Rafnsson SB**. Assessing available information on the burden of sepsis: Global estimates of incidence, prevalence and mortality. *Journal of Global Health* 2012; 2: 010404 doi: 10.7189/jogh.02.010404.

- Travis RC, Allen NE, Appleby PN, Price A, Kaaks R, Chang-Claude J, Tjønneland A, Johnsen NF, Molina-Montes E, Sánchez MJ, Larrañaga N, Castaño JMH, Ardanaz E, Khaw KT, Wareham N, Trichopoulou A, Karapetyan T, **Rafnsson SB** et al. Prediagnostic concentrations of plasma genistein and prostate cancer risk in 1605 men with prostate cancer and 1697 matched control participants in EPIC. *Cancer Causes Control* 2012; 23(7): 1163-71.

- Bhopal RS, **Rafnsson SB**. Global inequalities in assessment of migrant and ethnic variations in health. *Public Health* 2012; 126(3): 241-244.

2011

- Vandenheede H, Deboosere P, Stirbu I, Agyemang CO, Harding S, Juel K, **Rafnsson SB** et al. Migrant mortality from diabetes mellitus across Europe: the importance of socio-economic change. *European Journal of Epidemiology* 2011 Dec 14 [Epub ahead of print].

- Bhopal RS, **Rafnsson SB** et al. Mortality from circulatory diseases by country of birth: test of concept exploration across six European countries. *European Journal of Public Health* 2011 DOI 10.1093/eurpub/ckr062.

2010

- **Rafnsson SB**, Saravanan P, Bhopal RS, Yajnik CS. Is a low blood level of vitamin B12 a cardiovascular and diabetes risk factor? A systematic review of cohort studies. *European Journal of Nutrition* 2010; doi:10.1007/s00394-010-0119-6.

- **Rafnsson SB**, Deary IJ, Whiteman MC et al. Haemorheological predictors of cognitive decline: The Edinburgh Artery Study. *Age and Ageing* 2010; doi: 10.1093/ageing/afp227.

- Johnson W, Price JF, **Rafnsson SB** et al. Ankle brachial index predicts level of but not change in cognitive function: The Edinburgh Artery Study at 15-year follow-up. *Vascular Medicine* 2010; doi:10.1177/1358863X09356321.

2009

- Marioni RE, Deary IJ, Murray GD, Strachan MWJ, Lowe GDO, **Rafnsson SB** et al. Genetic variants of C-reactive protein are not associated with late-life cognitive ability in four Scottish samples. *Behavior Genetics* 2009; DOI 10.1007/s10519-009-9302-z.

- Deary IJ, Corley J, Gow AJ, Harris SE, Houlihan LM, Marioni RE, Penke L, **Rafnsson SB**, Starr JM. Age-associated cognitive decline. *British Medical Bulletin* 2009; DOI 10.1093/bmb/ldp033.

- **Rafnsson SB**, Bhopal RS. Large-scale epidemiological data on CVD and diabetes in migrant and ethnic minority groups in Europe. *European Journal of Public Health* 2009; DOI 10.1093/eurpub/ckp073.

- Bhopal RS, **Rafnsson SB**. Could mitochondrial efficiency explain the susceptibility to adiposity, metabolic syndrome, diabetes and CHD in South Asian populations? *International Journal of Epidemiology* 2009; DOI 10.1093/ije/dyp202.

- **Rafnsson SB**, Deary IJ, Fowkes FGR. Peripheral Arterial Disease and Cognitive Function. *Vascular Medicine* 2009; 14: 51-61.

2008

- **Rafnsson SB**, Bhopal RS. Migrant and ethnic health research: Report on the European Public Health Association Conference 2007. Conference Report. *Public Health* 2008; 122: 532-4.

2007

- **Rafnsson SB**, Deary IJ, Smith FB et al. Cardiovascular diseases and decline in cognitive function in an elderly community population: The Edinburgh Artery Study. *Psychosomatic Medicine* 2007; 69: 425-34.

- **Rafnsson SB**, Deary IJ, Smith FB et al. Cognitive decline and markers of inflammation and hemostasis: The Edinburgh Artery Study. *Journal of the American Geriatrics Society* 2007; 55: 700-707(8).

- **Rafnsson SB**, Oliver JJ, Elton RA et al. Poisons admissions in Edinburgh 1981-2001: agent trends and predictors of hospital readmissions. *Journal of Human and Experimental Toxicology* 2007; 26: 49-57.

3. Published book chapters

2010

- **Rafnsson SB**. Major types of cardiovascular diseases and cognitive function: a review of patient and population-based investigations. In: Gariépy Q and Ménard R (eds.). *Handbook of Cognitive Aging: Causes, Processes and Effects*. New York: Nova Publishers, 2010, pp 1-45.

2008

- **Rafnsson SB**. Peripheral arterial disease and cognitive function in older people. In: Sher L (ed.). *Psychological Factors and Cardiovascular Disorders: The Role of Psychiatric Pathology and Maladaptive Personality Features*. New York: Nova Publishers, 2008, pp. 207-225.

4. Published research reports (in collaboration with the ILC-UK)

2015

- The links between social connections and wellbeing in later life. International Longevity Centre–UK (2015), London: UK. Available at: http://www.ilcuk.org.uk/index.php/publications/publication_details/the_links_between_social_connections_and_wellbeing_in_later_life
- The emotional wellbeing of older carers. International Longevity Centre–UK (2015), London: UK. Available at: http://www.ilcuk.org.uk/index.php/publications/publication_details/the_emotional_wellbeing_of_older_carers

5. Other contributions to peer-reviewed journal articles

2009

- Robertson L et al. Risk factors for chronic ulceration in patients with varicose veins: A case control study. *Journal of Vascular Surgery* 2009; 49: 1490-1498 (**SB Rafnsson** helped collect clinical data).

2007

- Mathews G et al. Impact of a cardiovascular risk control project for South Asians (Khush Dil) on motivation, behaviour, obesity, blood pressure and lipids. *Journal of Public Health* 2007; 29: 388-397 (**SB Rafnsson** checked analyses and undertook additional data analyses).

X. PROJECT GRANTS, SCHOLARSHIPS & TRAVEL GRANTS

2012

- Co-Investigator: The development of a questionnaire for assessing patterns of use, attitudes, and cost of nutritional supplements among older people in Iceland. University of Akureyri Research Centre Project Grant (£1400).

2008

- Recipient of a Centre for Public Health & Primary Care Research travel grant (£500), Department of Public Health Sciences, University of Edinburgh, UK.

2007

- Recipient of a Centre for Public Health & Primary Care Research travel grant (£500), Department of Public Health Sciences, University of Edinburgh, UK.

2002

- Recipient of a full Faculty of Medicine PhD scholarship (£37,000), Department of Public Health Sciences, University of Edinburgh, UK.

XI. RESEARCH CONSULTANCY WORK

2013-2014

- Client: Public Health England. Project: Translating UK Department of Health mental health and wellbeing (MHWB) evidence reviews to Public Health England MHWB knowledge products.
- Client: UK Men's Sheds Organization. Project: Social engagement, health and wellbeing in older men (Review of published evidence).

XII. PRESENTATIONS AT CONFERENCES & OTHER MEETINGS

2017

- Khondoker M, **Rafnsson SB**, Morris S, Orrell M, Steptoe A. Positive and negative experiences of social support and risk of dementia in later life: An investigation using the English Longitudinal Study of Ageing. 23rd National Congress of the Spanish Psychogeriatrics Society in Bilbao, Spain (February 23-25).

2015

- **Rafnsson SB**, Shankar A, Steptoe A. The links between social networks and wellbeing in later life. "Prevention, Wellbeing and Loneliness" – A joint conference of the Campaign to End Loneliness and the National Institute of Health Research (NIHR) School for Social Care Research, London, UK (April 17 2015).
- **Rafnsson SB**, Shankar A, Steptoe A. Social connections and wellbeing in older age. Report launch event, International Longevity Centre – UK, London, UK (February 19 2015).
- Shankar A, **Rafnsson SB**, Steptoe A. Loneliness, social isolation and well-being over 6 years. Report launch event, International Longevity Centre – UK, London, UK (February 19 2015).

2014

- **Rafnsson SB**, Shankar A, Steptoe A. Caregiving transitions, subjective wellbeing and depressed mood in later life. English Longitudinal Study of Ageing (ELSA) Wave 6 launch event, Royal College of Physicians of London, UK (October 23 2014).
- **Rafnsson SB**, Shankar A, Steptoe A. Social network characteristics and subjective wellbeing over six years in later life. 43rd Annual Conference of the British Society of Gerontology (BSG), Southampton, UK (September 1 – 3 2014).
- **Rafnsson SB**, Shankar A, Steptoe A. Caregiving transitions, subjective wellbeing and depressed mood in later life. 43rd Annual Conference of the British Society of Gerontology (BSG), Southampton, UK (September 1 – 3 2014).
- **Rafnsson SB**. Social connections and wellbeing among older adults. Open meeting of the Lewisham Pensioners Forum Health and Wellbeing Forum, Lewisham Civic Centre, Catford, London, UK (July 30 2014).

2013

- Shankar A, **Rafnsson SB**, Steptoe A. Loneliness and Life Satisfaction among Older Adults in England and India. Annual meeting of the Gerontological Society of America, New Orleans, (November 20-24 2013).

- **Rafnsson SB**, Shankar A, Steptoe A. Social network characteristics and subjective wellbeing over six years: The English Longitudinal study of Ageing. Lifelong Health and Wellbeing programme (LLHW) conference, London, UK (November 6-8 2013).

2012

- **Rafnsson SB**, Kyrozis A, Gustafson D, Grodstein F, Brenner H, O' Doherty M, Kee F, Eriksson S, Trichopoulou A. Cardiovascular diseases and cognitive function in elderly people - the CHANCES consortium. 1st CHANCES Work Package 6 meeting, Umeå University Hospital, Umeå, Sweden (June 7-8 2012).

- **Rafnsson SB**, Kyrozis A, Gustafson D, Grodstein F, Brenner H, O' Doherty M, Kee F, Eriksson S, Trichopoulou A. Cardiovascular diseases and cognitive function in the elderly - the CHANCES consortium. 3rd CHANCES Plenary meeting, University College London, London, UK (February 6-8 2012).

2011

- Karapetyan T, Benetou V, **Rafnsson SB**, Orfanos P, Trichopoulou A. The "CHANCES" Project. A chance to assist health and ageing research. 2nd PanHellenic Forum on Social Medicine, Larissa, Greece (November 26-29 2011).

- **Rafnsson SB**. The relationship of cardiovascular diseases with cognitive function and country of birth - results from two studies in the context of population ageing and international migration. Unit for Cardiovascular Disease Epidemiology, Cambridge University, Cambridge, UK (November 16 2011). Invited lecture.

- **Rafnsson SB**, Bhopal RS, Kunst AE, on behalf of the Migrant and Ethnic Health Observatory (MEHO) cardiovascular mortality collaboration. Differences in cardiovascular disease mortality by geographical region and country of birth in six European countries. European Public Health Conference, Copenhagen, Denmark (November 9-11 2011).

- Bawazeer N, **Rafnsson S**, Saravanan P. Does vitamin B12 insufficiency during pregnancy happen in non-vegetarian? 7th World Congress of Developmental Origins of Health and Disease (DOHAD), Portland, USA (September 18 -20 2011).

- Bhopal RS, **Rafnsson SB**, Afshari R. Global inequalities in assessment of migrant and ethnic variations in health. World Congress of Epidemiology, Edinburgh, Scotland (August 7-11 2011).

- Bawazeer N, **Rafnsson S**, Saravanan P. B12 insufficiency doesn't happen in non-vegetarians: Systematic review of B12 levels in pregnancy. WISDEM/IAS/CSRI Annual Symposium, University of Warwick, Coventry, UK (March 11 2011).

2010

- **Rafnsson SB**, Bhopal RS et al. Inequalities in CVD mortality by country of birth in six European countries. 3rd Conference on Migrant and Ethnic Minority Health in Europe, Pecs, Hungary (May 27-29 2010).

- **Rafnsson SB**. Cardiovascular risk factors and maintenance of cognitive function. European Society of Cardiology - EuroPREvent, Prague, Czech Republic (May 5-7 2010). Invited lecture.

2009

- **Rafnsson SB**, Bhopal RS et al. Circulatory disease mortality by country of birth in six European countries. 2nd Joint European Public Health Conference, Lodz, Poland (November 25-28 2009).

- **Rafnsson SB**, Issrah J et al. Epidemiology of sepsis: Methodological and quality issues. Meeting of the Global Burden of Disease Working Group on Pneumonia, Otitis, Meningitis, Sepsis and Pertussis, Dubrovnik, Croatia (September 2-4 2009).

2008

- **Rafnsson SB**, Bhopal RS et al. Monitoring the health status of migrants within Europe: Development of cardiovascular and diabetes indicators. 16th European Conference on Public Health, Lisbon, Portugal (November 6-8 2008).

- **Rafnsson SB**, Bhopal RS et al. The health status of migrants in Europe: Development of cardiovascular and diabetes mortality and morbidity indicators. 2nd Conference of Migrant health in Europe, Malmo, Sweden (May 22-24 2008).

2007

- **Rafnsson SB**. The relationship between cardiovascular diseases and cognitive decline in an older population sample of the Edinburgh Artery Study. Invited lecture at the Faculty of Health Sciences, University of Akureyri, Iceland (October 19 2007).

- **Rafnsson SB**, Bhopal RS et al. The health status of migrants in Europe: Development of cardiovascular and diabetes mortality and morbidity indicators. 15th European Conference on Public Health, Helsinki, Finland (October 11-13 2007).

- **Rafnsson SB**, Bhopal RS. The health status of migrants in Europe: Development of cardiovascular and diabetes mortality and morbidity indicators. Workshop at the Joint Meeting of the Society for Social Medicine and the International Epidemiological Association, Cork, Ireland (September 13 2007).

2005

- **Rafnsson SB**, Deary IJ et al. Cardiovascular disease is associated with cognitive decline in the general older population: the Edinburgh Artery Study. The 2nd International Congress of the International Society for Vascular, Behavioural, and Cognitive Disorders (VAS-COG), Florence, Italy (June 8-12 2005).

- **Rafnsson SB**, Smith F. Cognitive function testing in epidemiological studies: practical considerations. Department of Public Health Sciences (March 17 2005).

2003

- **Rafnsson SB**, Elton RE et al. Poisons admissions in Edinburgh: Predictors of readmission according to drug taken at first admission. The 3rd Annual Scottish Public Health conference, Sterling, UK (November 13-14 2003).

- **Rafnsson SB**. The cognitive function project of the Edinburgh Artery Study. Cardiovascular Epidemiology Research Group meeting, Department of Public Health Sciences, University of Edinburgh, UK (November 5 2003).
- **Rafnsson SB**, Deary IJ et al. Impaired cognitive functions associated with cardiovascular disease independently of prior mental ability: Edinburgh Artery Study. The 1st International Congress of the International Society for Vascular Behavioural and Cognitive Disorders (VAS-COG), Gothenburg, Sweden (August 28-31 2003).
- Oliver JJ, **Rafnsson SB** et al. Poisons admissions in Edinburgh: Predictors of readmission according to drug taken at first admission. 23rd International Congress of the European Association of Poisons Centres and Clinical Toxicologists, Rome, Italy (May 20-23 2003).
- **Rafnsson SB**, Elton RE et al. Poisons admissions in Edinburgh: Predictors of readmission according to drug taken at first admission. The Centre of Public Health and Primary Care Research, University of Edinburgh, UK (May 6 2003).

XIII. OTHER DISSEMINATION ACTIVITIES

2015

- **Rafnsson SB**. Radio interview with Mr. Martyn Lewis on Agenda, The Wireless from Age UK, 25 February 2015.

2011

- Bhopal RS, **Rafnsson SB**. Global inequalities in assessment of migrant and ethnic variations in health. Supercourse lecture available at: <http://www.pitt.edu/~super7/43011-44001/43271.ppt>
- "Tekur þátt í stórrri öldrunarrannsókn" (English: "Participates in a large study on ageing"). Morgunblaðið [daily newspaper in Icelandic].

2010

- **Rafnsson SB**. Migrant and Ethnic Health Observatory (MEHO): Brief reflection on a public health journey across Europe. The Edinburgh Ethnicity and Health research group newsletter, issue 3, October 2010.

2007

- "Heart disease tied to mental decline". Interview with Reuters Health.
- "Mental decline may be associated with heart disease". Interview with Duke Medicine Health News.
- "Cognitive decline and stroke may share ties". Interview with Geriatrics.

XIV. MEMBERSHIP IN PROFESSIONAL SOCIETIES & ASSOCIATIONS

- Fellow of the UK Royal Society of Public Health
- Member of the International Epidemiological Association
- Member of the British Geriatrics Society

- Member of the British Society of Gerontology
- Associate member of the UK Faculty of Public Health
- Member of the International Society for Vascular Behavioural and Cognitive Disorders
- Member of the Icelandic Epidemiology Association
- Member of European Public Health Association's Section on Migrant and Ethnic Minority Health
- Honorary member of the Edinburgh Ethnicity and Health Research Group
- Member of the John Snow Society
- Member of the UK "Campaign to End Loneliness" Research Hub

XV. JOURNAL REFEREEING (Since 2007)

- Addiction
- Age Ageing
- Annals of Behavioral Medicine
- Archives of Gerontology and Geriatrics
- Atherosclerosis
- BMC Neurology
- BMC Public Health
- Brain Research
- Circulation
- European Journal of Public Health
- Frontiers in Pharmacotherapy of Cardiovascular Disorders
- Frontiers Public Health
- Gerontology
- Heart
- International Journal of Public Health
- Journal of Epidemiology and Community Health
- Journal of Food & Nutritional Disorders
- Nutrients
- Public Health
- Public Health Nutrition
- Social Psychiatry and Psychiatric Epidemiology
- Tohoku Journal of Experimental Medicine

- Vascular Medicine

XVI. OTHER REFEREEING ACTIVITIES (Since 2007)

- Project grant reviewer for the UK Medical Research Council (MRC).
- Project grant reviewer for Diabetes UK.
- Project grant reviewer for Health Research Council of New Zealand (HRC).
- Project grant reviewer for the Romanian National Research Council.
- Project grant reviewer for the Netherlands Organisation for Scientific Research (NWO)
- External advisor to the Faculty of Health Sciences' Academic Appointment Committee, University of Akureyri, Iceland.

XVII. OTHER RELEVANT EXPERIENCE

2015-2016

- Honorary Scientific Committee member, June 21st-23rd, International Health Congress, The Strand, London 2016.

2013 onwards

- Editorial Board member (Review Editor), Frontiers in Epidemiology
(<http://www.frontiersin.org/Epidemiology/editorialboard>)

2012

- Editor of the CHANCES Project 2nd Annual Activity and Management Report to the European Commission (submitted via the EU Participant Portal to the European Commission on April 23 2012).
- Editor of the CHANCES Project 2nd Online Newsletter. Available at:
<http://www.chancesfp7.eu/publications.html>

2009

- Co-Editor of the Edinburgh Ethnicity and Health Research Group newsletter (issue 2, April 2009).

2007

- Co-organizer of a conference workshop on The health status of migrants in Europe: Development of cardiovascular and diabetes mortality and morbidity indicators. The Joint Meeting of the Society for Social Medicine and the International Epidemiological Association, Cork, Ireland (September 13 2007).